

# EQUITABLE'S BOARD DECIDE TO-DAY

Reported that Amicable Agreement Will Be Reached.

## STATEMENTS FROM BOTH SIDES

Hyde's Friends Call Opposition a Conspiracy-Too Much Power In One Man's Hands. Says Alexander.

# THE MEN WHO MOVED WALL STREET DURING THE FROM TUXEDO PARK OF, IN. In Sept



NORTH PLATTE, NEBI

COLLIDED ON A GRADE. Tatal Wreek on the flig Four Road SIX PERSONS WERE KILLED.

Indianogelis Espena, Louised With Ro-involug Washi's Part Victore, While Encodeg of Pail Speed, Coarlos Escie a Perigiti Texts.

day that Robert Coelet of New York has just come into possession of Glenmere Lake, which he has bought from Roland Harriman, and added it to the Goelet country place at Ches-

County authorities were informed to-

The lake is a fairly large sized one. It is reported that promiscuous fishing, bathing and hoating will he stopped there, but that some of the residents of the neighborhood vill be granted permits to use the

AMERICAN RAILROAD JOURNAL, AND ADVOCATE OF INTERNAL IMPROVEMENTS.

SATURDAY, DECEMBER 21, 1833

mation of the Portage rail de of the basins at Holli-d Conemaugh, the Cone-ber and Alleghenytown in the Western division-

Lackawana feeder, Lyeoming line, and Lewisburg & Bald Ea-gle side cuts, Frankstown line, and

gle side cuis, 857,431 76 Frankstown line, and South Branch feeder, 781,101 29 Columbia line, eight miles, 227 perches, 165,750 30

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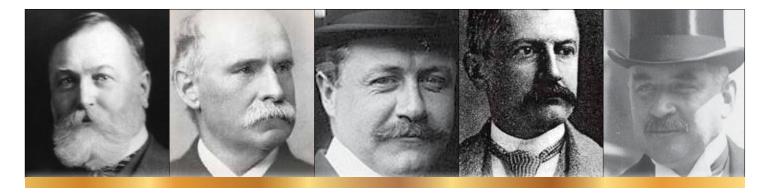
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PURLISHED WEEKLY, AT No. 35 WALL STREET, NEW-YORK, AT TH

ne of Representatives

AMERICAN RAILROAD JOURNAL, &c.



nchored by Wall Street, New York City has been called both, the most economically powerful city and the leading financial center, being home to the world's two largest stock exchanges by total market capitalization, the New York Stock Exchange and NASDAQ.

Captains of finance and industry in the gilded age were legendary icons enabling this country to become strong and independent. American industrialists and philanthropists revolutionized industry and defined the structure of monetary gain. Many were deeply involved in developing and financing railroad empires by reorganizations and consolidations, building a strong vision of an integrated transportation system.

Beginning in the 1870s, thanks to a modern corporate form of ownership, a new merger movement, and a dominant form of competitive, proprietary capitalism, industrialists like John D. Rockefeller, James Pierpont Morgan, Andrew Carnegie, and Cornelius Vanderbilt rose to unprecedented heights of prosperity and power. More and more, wealth was concentrated in the hands of a few.

Not all of the changes were positive. During the Gilded Age, America, and the world, experienced a series of periodic economic crises, including a devastating Wall Street crash that inaugurated the Panic of 1873. Recurrent cycles of boom and collapse brought dramatically different consequences for those at the top and bottom rungs of the economy.

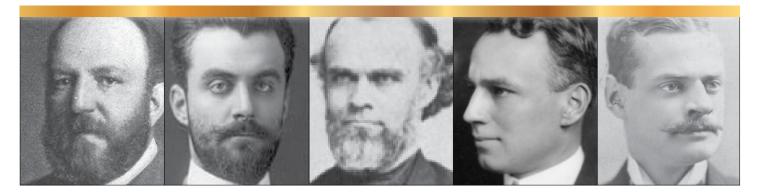
Developing an awe of such magnitude, these men of power, these men of economic strength, possessed the stability of perseverance and vision. They grasped multitudes of opportunities to swing the pendulum of control in their direction, and through this, enabled the monetary system of America to lean in their direction, thus, obtaining methods for expansion, momentum, and achievement of an empire so vast, it moved Wall Street, and the world.

Dow Jones, Barrons, Wall Street Journal, S&P 500, J.P.Morgan financial institutions, the largest insurance companies in the world and the railroad reorganization methodology, all began with these men with tenacious business dispositions and the wherewithal to connect the dots between industry, human power, and money.

They walked through the finest clubs in New York where money was aged, and new money balanced on that noble money, became ripe. The blue bloods of iconic industry, their gilded empires appear like legendary fairytales of capital worth, sending echoes of success down the corridors of Wall Street.

The old clubs which still exist, such as the Tuxedo Club, the Union Club, and the old Knickerbocker Club, where once these men shared visions of industry and wealth with one another, still house the dark paneled rooms where they once discussed finance over fine brandy and cigars. The corridors still display an old portrait or two of the club's founding fathers whom gaze from polished frames. These portraits are a tangible glimpse into the world of the Gilded Age, and the men who moved it.

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Quartier Four" by Paul Cezanne. Used with permission

#### Orangeburg

"Clausland Valley House" new 6,000+ sqft country house featuring advanced technology & luxurious amenities & close to Ramapo River Watershed. close to Ran 5br/ 4.2 bths. \$1,699,000



Snedens Landing Charming French inspired cottage tucked away on quiet lane in bucolic Snedens Landing. 3,473 sqft, 4br/3.1bths



#### Upper Nvack

"Bennet Deyrup" House. c. 1887 Queen Anne Victorian on the Hudson River w/ Anne victorian on the Hudson River w rocky beach & underwent a masterful \$4,000,000 renovation 10yrs ago. 7,049 sqft, 6br/5.1bths. \$4,395.0 \$4,395,000





Custom-built estate on 14+ acres, w/3 acre private pond, heated salt pool gazebo, pool house, outdoor kitchen & lighted tennis court. 7,226sqft, 8br/5.1bths. \$5,700,000



New Windsor 1842 Second Empire Stone House owned by only 2 families. Set on 3.4 acres includes separate 1br home. 4,117 sqft, 5hr/3hths

Pearl River

11 1.1.1

Goshen

Upper Nyack

Elegant & historic c.1751 Dutch Colonial

'evebrow" windows & views of pristine

Lake Tappan reservoir. Reno'd kit & bath, 3br/2.1bths.

SOLD

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inground pool 2,820 sqft, 4br/2.1bths

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Newburgh A SoHo loft style home - original brick carriage house, renovated w/highest

esthetic standards. Large loft spaces easily garage/shop & 3 sided garden shed. Totaling 9,500sqft.



Upper Nyack



\$2.195.000



Exquisite brick home offers comfortable living space w/private grounds. Features entry foyer, wood doors, floors & molding, fireplace & all season sun room. 2,652 sqft, 3br/2.2 bths. \$599,000



#### Grandview

"Studio D," artist's riverfront home w/ dock fit for a 45ft boat. Built 6yrs ago w/ latest technology & perfect river views. 2.5 story layout w/open kit & dining, living rm w/12' ceilings & fplc. 2,386 sqft, 3br/2.1bths. \$1,995,000



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on 4+ acres once owned by renowned artist Grace Knowlton. Property includes main 4br house, 2br cottage, & 3 separate studios. Totaling 5,161sqft \$2,999,000



#### Snedens Landing

Gilman's Carriage House nestled on the Hudson built 1880 & thoroughly reno'd 2020 w/a large addition. Oversized floor plan, 5,000+ sqft. 5br/5.2bths & 4 car garage. \$3,995,000

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"Waterfall House," modern 4,800sqft home on the Hudson w/325ft sandy beach on 6.5 acres & ancient waterfall w/5 wading pools cascading 80ft to Hudson.4br/5.1bths \$3,493,000

Tiffany skylight a fireplace. Multi-family

Tuxedo Park Charming former carriage house of Richard Mortimer, an early settler in Tuxedo Park, set in a secure k private setting. 4,560 sqft, 4br/3.1bths. \$800.000 \$800.000

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# **LEGENDARY HAUNTS** Meneath the tappan zee bridge ~~

he Tappan Sea or Tappan Zee is a natural widening of the Hudson River about 3 miles across at its widest point. It stretches about 10 miles along the boundary between Rockland and Westchester counties. It derives its name from the Tappan Native American subtribe of the Delaware/Lenni Lenape, and the Dutch word zee, meaning a sea or a wide expanse of water. Flanked by high steep bluffs of the New Jersey Palisades, it forms almost a natural lake.

On September 14, 1609, the explorer Henry Hudson entered the Tappan Zee while sailing upstream from New York Harbor. At first Hudson believed the widening of the river indicated that he had found the Northwest Passage. He proceeded upstream as far as present-day Troy before concluding that no such strait existed there.

The area known as the Tappan Zee is mentioned many times in Washington Irving's famous short story, "The Legend of Sleepy Hollow". In his famous works, "Stories of the Hudson", it is pointed out, that rarely is the name and fame of an author so closely associated with a particular region, as is Washington Irving's with the Hudson River and the Tappan Zee. For centuries, one location in the United States has captivated the collective haunting imagination. Its mere mention is enough to mentally transport us to Washington Irving's, "Tappan Zee", where moonlit dirt roads run along the margin of the river through dark woods and ancient orchards that still have the mingled scent of nutmeg and cider apples.

Sleepy Hollow, and the great small towns that were known to dot both shores of the Tappan Zee are indeed real. Time changes all things, and the region has altered greatly since 1818 when Irving penned his classic American ghost stories, but almost two centuries later, the world



Above: Illustration from an early printing of Washington Irving's "Legend of Sleepy Hollow". Inset: 1800s portrait of the author.

is still captivated by countless legends throughout the Hudson Valley, making the Tappan Zee area one of the most haunted places in the country.

From the legendary ghost ship known as the Flying Dutchman, where the ship was said to make landfall every seven years. One such place is the wide, lake-like part of the Hudson River called Tappan Zee. During terrible storms, the Dutchman has been reported sailing up the river. And the Manitou (or spirits of those who've drowned in the Hudson since native times, numbering at least several hundred) are blamed for the rogue waves and sudden storms very common to the waterway there.

Near Dunderberg Mountain, it remains a custom for sailors to tip their hats out of respect for the imp, or dwerg, of John Coleman, skipper

to Henry Hudson who drowned there in 1609, or else face the storms he will send down to try to sink their boats or ships. Elsewhere on the Tappan Zee, Captain Kidd and his ghostly crew of the Adventure Galley are believed to haunt the waters beneath Bear Mountain Bridge in search of buried treasure, and the ghost of Rambout Van Dam is said to appear in the Sunday morning mist below the Tappan Zee Bridge wearing ragged clothing, crouching in a rowboat. Brigadier General "Mad" Anthony Wayne is also believed to haunt the river, patrolling for enemy ships.

In 1818 Irving speaks about Ossining and Sing-Sing with their wizards of wisdom and spirits of schemes. As far back as the early 17th century, Dutch maps of the Hudson River Valley show an Indian village, whose inhabitants were part of the Mohegan Tribe, named "Sint Sinck." That phrase, when translated, means "stone upon stone" and refers to the extensive beds of limestone found in the southern part of the village.

In 1685, the Sint Sincks sold their land to Frederick Philipse who incorporated it into his land holdings known as the Manor of Philipsburg. The Manor was comprised of about 165,000 acres and extended from Spuyten Duyvil Creek (Spitting Devil's Creek) at the tip of Manhattan on the south, to the Croton River just north of the Village of Ossining. The land was leased to tenant farmers of Dutch, French, and English origin.

> The area remained with the family until the end of the Revolution when the last Lord of the Manor, Colonel Frederick Philipse, was imprisoned for being a British loyalist. His land was confiscated by the Commissioners of

Forfeiture of the new State of New York and sold at auction. Many of the farms were sold to the tenant farmers who had worked them, especially those who had supported the American cause. At this time the area became known as Sing Sing.

In 1825, construction of Sing Sing Prison began. Native granite was used to build the first cellblock. Commerce and industry flourished throughout the 1800's. The industrial growth included a shoe factory and a stove foundry, both of which relied on convict labor. As the prison became notorious, the village tried to distance itself from the prison's harsh reputation and changed its name to Ossining on March 25, 1901.

During the Revolutionary War when the British held possession of NYC, while the Americans drew up towards the Highlands holding their headquarters at Peekskill, the great "Tappan Sea" held British Ships of war, anchored here and there in the wide expanses of the river. Floating Castles with stout galleys, armed and navigated with sails and oars, cruised about like hawks while their rowboats made descents upon the land to forage the villages along the shore. Many legends were derived from these ships and their positions within that area during the war.

On the opposite shore of the Tappan Zee, the famous battle of Stony Point occurred, and Tappan hosted Washington's Headquarters and the famous trial and execution of Major John Andre. The British attacked the Nyacks several times, not by land, but from the British war vessels in the Tappan Zee. The warships firing on the homes, farms and businesses of the Hudson shoreline were brutal. The first Naval Battle of the Revolution took place off the shores of the Tappan Zee. Later, the first acknowledgement of the United States of America as a Sovereign Nation came as a seventeen-gun salute with honor, to General Washington.

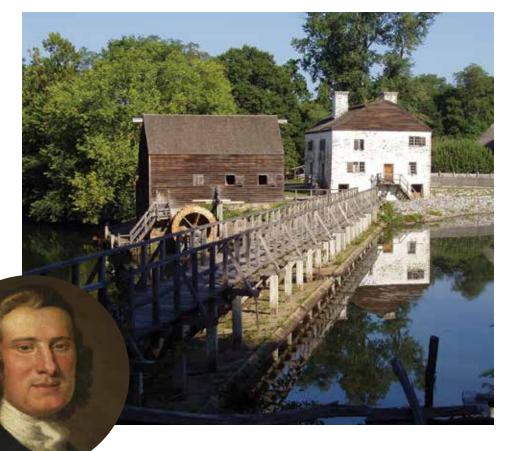
It was also within the arms of the great Tappan Zee, that the plague of witchcraft was threatened even prior to the Salem trials, whereas the old Dutch families nailed horseshoes to the doors of their homes and barns, turning away from their neighbors and friends in skepticism.

A bewitching calmness settles over the Hudson River on golden autumn days. The grand arch of the Tappan Zee bridge shadows over the water connecting the both shores of history. The revolving times of the day hold a different beauty for the landscape. The sunrise from the East blazes the summits of the hills, while along the borders of the river, the night's remaining mist retreats with reluctance up the mountains. In the old cemeteries adjacent to the age-old whitewashed churches that appear here and there on rolling green knolls, headstones from the 1700's lean tiredly into the landscape. These old churches once gathered the elders who led the Psalms on Sundays and enjoyed afterwards, their autumnal slumber beneath the great elms along the banks of the Hudson River.

The crow-step gables of the primitive architecture for the few original Dutch homesteads left standing, tell us of a region whose timetable reflects the early heartbeat of this country. When New Amsterdam existed before Manhattan Island, when the earliest farmers worked wide rural lands and garnered together when need be, and when stories of haunted places and haunted people were told every evening around the crackling wood fires of the cavernous fireplaces. When the Tappan Zee is like glass, with its wide extending shores, one can wonder at the extraordinary circumstances attending this river and the perplexities of the old gallant sailors who navigated it. With a backward sweep through history, and a deep breath of imagination, the compelling past and legendary haunts beneath the Tappan Zee Bridge, are reborn to us with visions of invaluable grandeur. **W** 

Written by Tuxedo Park Magazine
References: New NY Bridge Project
Newsletter, 2014; New York Times, May 10,
1950. "Suggestion for location of the bridge";
"The Tappan Zee Bridge and the Forging of the Rockland Area" Roger Panetta, professor of history, Fordham University; "Washington Irving, an American Study" orig/1802-1832,
William L. Hedges/John Hopkins Press 1965; Irving, "A History of New York", Diedrich Knickerbocker 1809; Irving "Stories of the Hudson", 1819, 1829

Below: Remaining home of Philipse Manor in Westchester County, how it looks today. Inset: Colonel Frederick Philipse.





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# Designing a Vision

hen it comes to the art of interior design, finding a designer that is willing to collaborate is paramount. Having a creative vision is one thing, but retaining this vision despite practical limitations is quite another. New York's Dorian De-Haan is 2020's recipient of the LUXlife's Award for Excellence

in Interior Design Services in New York.

Classically trained, with professional degrees in both interior design and architecture from the

> prestigious Pratt Institute in Brooklyn, NY, Dorian DeHaan is exactly the sort of interior designer to

bring a sense of class to any home remodel. Fully certified, and able to take advantage of decades of practice, Dorian has developed a level of sophistication in her design aesthetic that she can bring to a variety of projects.

Dorian specializes in the remodeling of kitchens and bathrooms, as well as full home renovation. Her clients range from first-time home buyers to those wanting to transform their home into a compilation of unique living spaces. Working in partnership with her clients, she is able to draw out the key elements of their vision and produce a design plan based on a preferred budget.

As an independent designer, she has developed long-term working relationships with experienced construction trades people who become part of her project installation team. Dorian also offers her own custom cabinet line from Crystal Cabinet Works in Minnesota, affording her almost limitless design possibilities. Should a client have their own contractor, she would be delighted to work alongside them.

Generally speaking, Dorian enjoys complete control of the selection, specification and ordering on her projects,

consulting with the client throughout the process. Where a client has requests for specific items, she is generally able to accommodate them. A key aspect of what Dorian has to offer clients is clear communication about any and every element of a project. This is a product of her hands-on approach to the job, being present daily on a site to oversee every detail and help solve any unforeseen complications that may arise during the course of a renovation project.

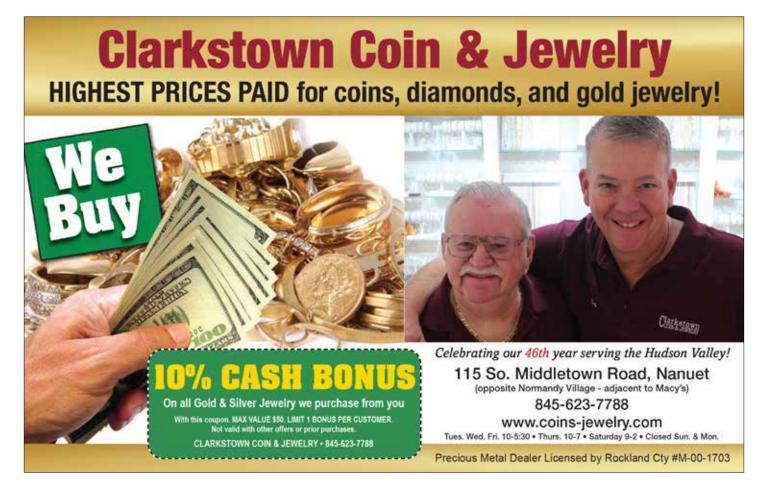
Dorian likes to stay aware of current trends and has noticed a movement toward more neutral interiors. Where bold colors were once the signature of a space, now they are primarily used as accents. Custom cabinet doors used to have heavy detailing, but now the styling is more simply stated. More and more, Dorian has adapted to these changes, presenting clients with increasingly minimalist and uncluttered concepts. This suits Dorian's style quite well, as she tries to design each space to take advantage of as much natural light as possible, while supplementing with custom lighting features and trendy fixtures. Labeling her style "artisanal eclectic", she aims to combine transitional modern luxuries, one-of-a-kind artisan pieces, and traditional architectural detailing. This produces a look and feel that is unlikely to become dated and thus less likely to require future re-design.

uses various programs to create design documents to work with. She uses one program specifically for custom cabinetry and another for floor and space planning. These design programs allow her to create documents for clients to review online. The programs also offer 3D rendering and virtual reality capability to facilitate better client visualization of the project design. Having access to this sort of technology has created a situation whereby Dorian can work on projects remotely through the use of email and video conferencing. Scheduling meetings in person is important, but where the opportunity is unavailable, it is relatively straightforward to use modern technology to harmoniously combine designer and client goals.

At heart, Dorian DeHaan wants to help bring your dream space to life, and what she offers is the expertise, wisdom and sheer vision to bring it about in the most effective way. Finding an interior designer who can elevate your vision is the dream, and with Dorian at your side, dreams can definitely come true. In her words, "there is no place like home".

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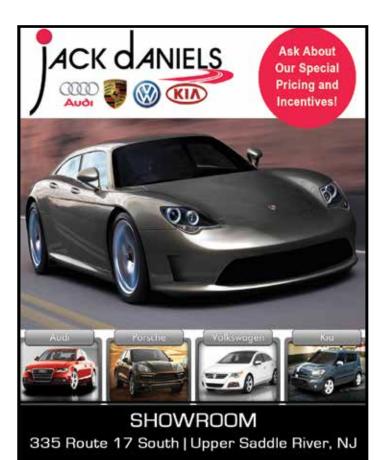
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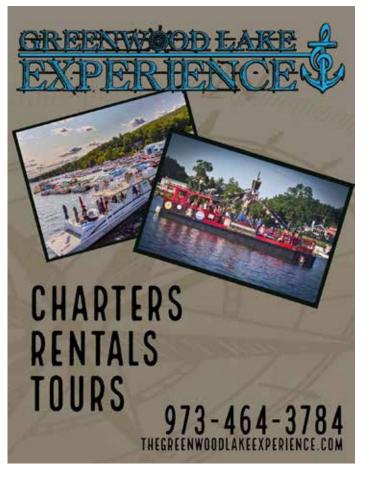
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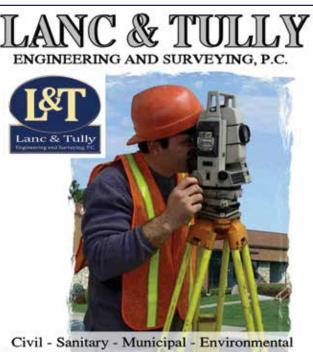


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## Saddle River Day Offers College Counseling that Empowers Students for Success

If there is one thing that parents know when they enroll their children at Saddle River Day School, it's that they've put their kids in good hands. From world class educators and thought leaders who maintain the highest academic standards, to Chef Mark, to an administration that models, supports and encourages innovation and creativity, the team at Saddle River Day School prepares students for a future we can only imagine. This vision-in-action becomes particularly clear when students in the Upper School begin their college search process.

The guiding principle for Karen Ferretti, Director of College Counseling and Robert Kettlewell, Associate Director is to

"Always think of the students first and always see them as individuals."

Which means that initial sessions with 9th and 10th graders involve discussions around class schedules and grades. Students are encouraged to build an ambitious academic schedule of Honors, AP and College Prep classes that



will be both challenging and fulfilling. This ongoing conversation is particularly important in a time when the future of SAT and ACT testing is uncertain. As Ms. Ferretti says, "Nothing replaces the transcript. Success in the classroom is critical." 10th graders also complete assessments that enable the College Counseling Office to get to know each student individually. These assessments help identify and define students' interests, strengths, talents and dreams.

After laying the groundwork, it's time to buckle up! Junior year kicks into high gear with College Night in October. Initial strategy and planning meetings begin in December and the mandatory and invaluable College Counseling Workshop starts in January during which students build their individualized list of colleges. As they research schools, SRDS students are encouraged to become savvy consumers, critically evaluating college and university websites to extract valuable information about a school's character, vision and philosophy. It is this scrutiny that will enable students to make the hard decisions about a school's cultural, academic and geographical fit.

Guiding them on this very personal journey is Ms. Ferretti, a former college admissions officer who began working as a high school college counselor to make sure each student she comes in contact with has a positive, empowering experience. With her unique perspective, Ms. Ferretti advises students to think big about their futures, to envision the years beyond college and where (and who) they want to be. The College Counseling Office is successful in this because of the relationships and trust built during their years of close contact with the students. It is this access that differentiates and elevates the Saddle River Day School process so much that SRDS alums willingly return year after year to share their insights and experiences with current students.

Juniors also complete their Common Application and brain-

storm, write and polish their all-important College Personal Statement, otherwise known as The Essay. The familiarity the College Counseling Office has built with each student is a critical advantage as they oversee the crafting of an essay that does the important work of defining or rounding out a student's personal narrative.

Essays, applications and profiles in hand,

Seniors spend their fall coming to terms with their impending transition, writing supplemental essays, putting the final touches on their application and then proofreading, proofreading. Ms. Ferretti is there every step of the way, even hosting a Get Your Application Done Sunday open house just before the first round of deadlines. In non-COVID years, this Sunday is a little work and a lot of play as students bond over a home cooked meal as they finally, finally hit "Submit".

When asked, families list a number of things to love about Saddle River Day School. They cite the rigorous coursework, emphasis on the individual, the open-minded embrace of new ideas, the nimble response to change, and the cutting-edge enrichment opportunities that not only make SRDS a unique learning environment but that also make SRDS students one-ofa-kind. Nowhere are these factors more in evidence than during the college counseling process. Parents can be sure that their child will be seen and promoted as the exceptional people they are. Parents can be sure their kids are in good hands.

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# Photos Swept Away by War



<u>E.S</u>

he most indelible images of the Civil War show us the ditches of Antietam, the fields of Gettysburg and the ruins of Richmond. They tell us about modern photography and war, but the staple photographs of the home front were not the battlefield views we now know so well. Cartes-De-Visite, the 2 1/2-by-4-inch portraits that dominated commercial photography in the 1860s, both unified and contested wartime visions of the nation.

The typical Carte-De-Visite was a photograph of one or a few people posing in a studio, and occasionally holding personal effects. They were cheap and easy to make and people who had their pictures taken, handed out Cartes to loved ones and friends. Needless to say they were particularly popular with soldiers who wanted to leave something behind to remember them by. Cartes put two recent advances into photography, glass negatives and multiple paper prints to popular use. Although they were not used literally as visiting cards, they helped seal social bonds, so much so that Oliver Wendell Holmes called them the "sentimental greenbacks of civilization."

One woman from Dutchess County discovered many Cartes-De-Visites during wartime and they enabled her to survive the horrors of the largest hospital during the Civil War. Upon War's end she had collected many from both union and confederate officer's belongings.

Quaker Hill is a hamlet in the town of Pawling in Dutchess County. In April 1863, two years after the outbreak of the Civil War, Amanda Akin journeyed from her home there, to serve as a nurse at Armory Square Hospital in Washington, D.C. She was one of several million men and women who left their families and communities behind to contribute to the war effort. Many departed to fight, while others took on civilian assignments to support the military campaigns.

During her fifteen months at the hospital, Akin wrote long letters to her sisters and recorded her daily experiences in diaries. Years later, she drew on this correspondence and her journals to publish an account of her wartime role. This letter was written shortly after she arrived at the hospital:

"My Dear Sisters: You are no doubt anxiously looking for a 'sign of life' from me, but I can tell you, initiation into hospital life of such a novice is not lightly to be spoken of, and until my ideas ceased floundering and I could recognize my old self again, I could not trust myself with a pen."

Like Amanda, other hospital workers were often eager to share their experiences with distant friends and family, and to preserve memories of the people and events that defined their new situations. Letters, diaries, published accounts and Cartes-De-Visite methods helped fill this need for both the



took on these roles were expected to learn as they went about their daily activities.

"I meekly followed [the nurse] through the long ward, unable to return the gaze of the occupants of the twenty-six beds, ... and with a sinking heart watched her raise the head of a poor fellow in the last stages of typhoid, to give him a soothing draught. Could I ever do that? For once my courage failed."

—Amanda Akin, describing her first evening in Armory Square Hospital, 1863

Female nurses were newcomers to military hospitals. Convalescent soldiers continued to fill most of the nursing positions, especially in field hospitals and in camp, where

> conditions were considered unsuitable for women. At Armory Square Hospital, the female nurses shared their duties with male "attendants."

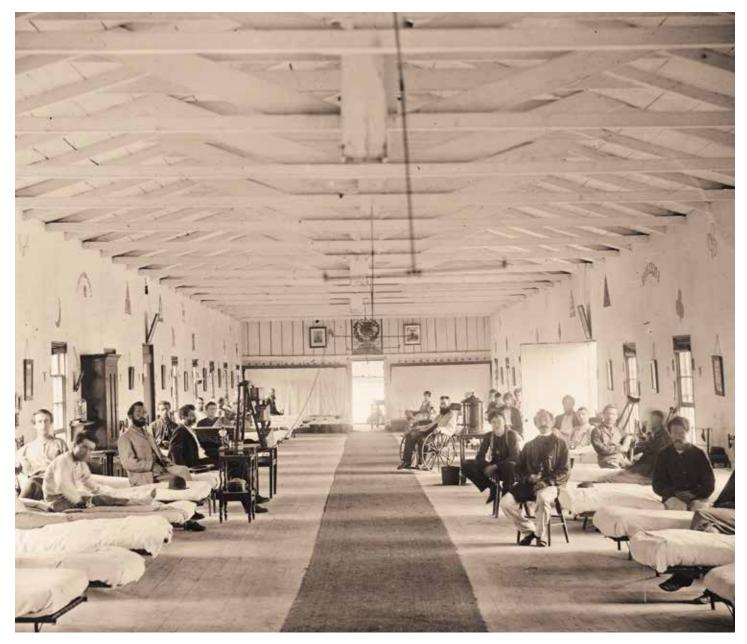
> During the war, the title of "nurse" was often reserved for middle and upper class women. However, along with these "lady nurses," as they

north and the south. Today, these documents provide a glimpse into the lives of those who served, and a touching record of the challenges of wartime and hospital life.

With no specialized medical training or preparation, Amanda Akin arrived at Armory Square Hospital on

## A Civil War Diary Made Famous by "Cartes-De Visites"

an April evening in 1863 to begin work. Nursing was not yet established as a profession, and most men and women who were known, others from diverse backgrounds working as matrons, cooks, laundresses, or without title, performed many



Civil War wounded in Ward K of the Armory Square Hospital in 1865.

of the same tasks.

Armory Square Hospital had twelve pavilions and overflow tents containing one thousand hospital beds filled with wounded from the battlefields of Virginia. The wounded were brought to the nearby wharves in southwest Washington and then taken to the Hospital. It was one of the largest Civil War hospitals in the area.

Constructed in 1862, the medical facility spread across and included quarters for officers, service facilities and a chapel. Situated nearest the steamboat landing at the foot of Seventh Street SW and the tracks of the Washington and Alexandria Railroad, Armory Square was the only stop for the most severely injured, those who were unable to travel any farther.

On most days Amanda Akin's routine began at 6 a.m. with the sounding of reveille and ended at 9 p.m. when the night watch took over. Official duties included administering medicines and distributing the special diets prescribed for injured and ill soldiers. After dinner at noon, the nurses usually had several hours off to rest or go for walks. Much of their remaining time was filled with non-medical tasks, writing letters for the men and attending to the many hospital visitors. Evenings were spent entertaining the patients, usually by singing and playing music and sharing glimpses of their small photographs of loved ones left behind.

Collecting Carte-De-Visite photographs became very

popular in the 1860s. The relatively new medium of photography proved especially meaningful to people separated from their loved ones by the war. While at the hospital, Akin exchanged Cartes-De-Visites with coworkers as well as with those under her care. The images served as a remembrance of the many people who briefly shared in the community of the hospital during the years of conflict.

Many soldiers on their death bed pushed these small studio portrait photos, Cartes-De-Visites, into the hands of the nurses, feebly hoping they would return them to their loved ones somehow. Some remained with the nurses and many were left behind in the war's oppression.

Hospitals received an influx of patients following major battles, putting greater demands on all staff and confronting nurses with the severe wounds caused in conflict. On June 14, 1863, Akin wrote several entries in a letter to her sister, as soldiers from the fighting at Chancellorsville, Virginia, poured into Armory Square Hospital.

"It seemed to me this evening, as I sat at my table adding to the list of medicines—writing down name, regiment, list of clothing, etc., of the new arrivals, calmly looking at the poor maimed sufferers carried by, some without limbs, on a 'stretcher'—that I had forgotten how to feel, ... it seemed as if I were entirely separated from the world I had left behind."

"Oh dear me, the cry is 'Still they come' and we are overflowing; they come now without order, and are received with but little ceremony."

—Amanda Akin, 1863

During the Civil War, hospitals sometimes published their own in-house newspapers.

The "Soldier Paper" consisted of contributions from staff and patients. Amanda Akin submitted several pieces, including accounts of religious services and concerts, a verse on spring, and death notices for some of the patients under her care.

"The hospital is an episode in a soldiers life—sometimes a painful termination of it, which has many an event worthy of a chronicle. Such we propose this paper to be."

--first issue of Armory Square Hospital Gazette, January 6, 1864

"July 20, 1864. The day has at last arrived to bid adieu to my ward and its absorbing duties, now realizing, reluctantly, how my life has been rounded within it...."

—Amanda Akin

The large and prosperous Akin family had lived in the Quaker Hill community of Dutchess County for generations. In 1909, at age eighty-one, Amanda published an account of her nursing experience, *The Lady Nurse of Ward E*, under her married name of Amanda Akin Stearns. She died in 1911 and is buried in Pawling, New York.

Amanda's journals, diaries, and especially, her huge collection of Cartes-De-Visites, tells a story frozen in time. Small photos that captured a certain glance, on a certain day, so many years ago. Some while courting, some while wed, the photos leaned into a world of private thoughts and snapshot expressions cradled in time.

Youth in itself is attractive, and many of these photos were of the very young. Innocent of the dramatic efforts of experience, and the debts of old age. As the winds of war blew until its end, these small photos captured the mask of innocent youths before they crossed the lines of war and entered the threshold of gallantry.

#### Written by Tuxedo Park Lifestyle Magazine

References: "The Lady Nurse of Ward E" Orig 1909, 1920, Amanda Akin Stearns. Radcliff College Library; "The Soldier Paper" Armory Square Hospital Archives; Maggie Maclean, 2012; Smithsonian/ Albert H. Small Documents Gallery; "The Diary of a Civil War Nurse" 4/22/2011; "The Lady Nurse of Ward E", Smithsonian Civil War Collection/Smithsonian Institute 1861-1865 Amanda Akin 1863; "The Cartes-De-Visite Craze" New York Times By Andrea Volpe August 6, 2013; National Museum of American History, Cartes-De-Visite photos and historical location of information



# When Wife Becomes Doctor

This past Christmas, I received a surprise, one that I was not expecting. It was not in a neatly wrapped box, nor did it arrive in a colorful envelope. Moreover, the person who gave it to me remains anonymous. What was this mystery? I got COVID for Christmas. I was also kind enough to pass it along to my older son.

I am so thankful that our symptoms were mild. My experience was fever, body aches, sore throat, cough, and congestion. I am truly fortunate that I was not affected more severely, and I pray for those that have suffered worse symptoms.

I am most definitely blessed to have my wife, Mayra. During our quarantine, she took care of everyone in the house—the humans, the dogs, the fish, and the plants. She brought all of us our meals and ensured that our needs were met. Besides mother and wife, she was also doctor, making sure that my son and I obtained vital signs for ourselves every day.

A few days into quarantine, I was apparently getting a bit moody. Out of concern and love, Mayra was informing me of the many things she had been reading about COVID. She was doing a lot of research and advising me of things I should be cautious about. For whatever reason, I decided not to listen. I figured that I already knew enough about this horrible virus from working in the Emergency Department.

Mayra, always perceptive and astute, inquired as to why I was distancing myself. I initially resisted continuing the conversation (yes, I can be stubborn). However, I quickly decided to do the right thing and open up (I also eventually figure out when I am not being my best self).

We spoke and I listened to everything that she wanted to say. I apologized for being inflexible and agreed that she had indeed learned many intriguing and important facts. I felt much better after that conversation.

I enjoy being friends with Mayra. As a bonus, I also have a wonderful teacher. She keeps me open and honest with myself. Furthermore, in this instance, she taught me that I was not practicing humility. I am grateful that she helped me to see myself as I truly was, and how I needed to make myself better.

Yes, it was an atypical Christmas with an unexpected twist. However, I came to appreciate even more something that is present in my life everyday—the love and friendship of a wonderful woman.



Steven Piriano is an Emergency Medicine physician with a strong interest in wellness.

He has authored two children's books: Josh and Joey's Incredible Museum Adventure & The Lost Ugew He may be reached at steve@inspiregrowth.life









# FROM MEDICINE TO MONTESSORI



First Female Physician in Rome Develops Montessori Education

ontessori education debuted in 1907 with Maria Montessori's first school, the Casa dei Bambini, part of an urban renewal project in a low-income district of Rome. The school's success resounded throughout Italy, and additional schools soon opened in Rome and Milan. In 1909, Dr. Montessori published her landmark book, Il Metodo della Pedagogia Scientifica applicato all'educazione infantile nelle Case dei Bambini known by its English-translation title as The Montessori Method.

By 1910, news of the innovative technique had spread beyond Europe, and teachers throughout the world were eager to learn it. Dr. Montessori herself taught early Montessori educators. Her courses drew students from as far as Chile and Australia, and within a few years there were Montessori schools on 5 continents.

In the United States, the fledging movement caught on quickly. The first Montessori school opened in 1911 in



Maria with pupils at the Gatehouse School in London, 1951, a year before her death. (courtesy of the Gatehouse School)

Scarborough, New York, and others followed in rapid succession. Prominent figures, including Thomas Edison and Alexander Graham Bell, lent their support, and popular journals galvanized the public with articles on the "miracle children" who emerged from Montessori schools.

In 1916, more than 100 Montessori schools were operating in 22 states.

Maria Montessori is often referred to as being "ahead of her time". Born in Italy in 1870, she moved to Rome with her parents in 1875 at the age of five. Although her father embraced traditional views of female education, it was the more liberal approach of her mother that encouraged her to explore her natural inclination to learn, regardless of the social restrictions placed on women in the male-dominated society of the day. In so doing, her mother played an active role in her daughter's upbringing, and indeed, the whole philosophy behind what is now known as the "Montessori Method."

Studies in math, physics, natural sciences, biology and medicine led Maria Montessori to apply to the College of Medicine at the University of Rome, and she became the first female certified physician in Italy in 1896, graduating at the top of her class. In addition to her duties as a doctor, Maria Montessori conducted research work in psychiatric medicine and continued her education in philosophy, psychology and education. She was appointed professor of anthropology at the University of Rome in 1904.

Throughout, her interest in the development of children grew, first from her experience with disabled children and the deplorable state of their care at the time, then further with mentally challenged children in her care. As she learned from the work of others already accomplished in the area of early childhood education, her own theories evolved, embracing elements, ideas and methods of all disciplines she had studied.



In 1906, at the age of 36, Maria Montessori founded the first Casa dei Bambini, or "Children's House" for children of the industrial revolution's working-class in one of the city's worst slum districts. With 60 children in her care, Maria Montessori began their education by instructing the older children on how to help out with everyday chores. Sense materials that she had developed previously were introduced, and to her surprise, Montessori discovered how naturally young children adapted and enjoyed learning everyday tasks. The structure of work and constructive activity gave the children a sense of self-worth that they had never before experienced.

One of Dr. Maria Montessori's first major hurdles to improve the lives of these children was accomplished by encouraging parents to recognize that their children were special and of great value. From this reverence for the individual, beauty and potential grew the Montessori method. Critical periods of early childhood development were identified through her observations, and the methodology evolved to address these periods with age-appropriate learning tools and activities. Further development of the methodology embraced what Montessori described as the "cosmic education", where children would be given the environment and guidance to become the peacemakers of the future, existing in harmony with all living beings in a sustainable world.

From this time to her death in 1952, Maria Montessori continued her work, which became widely recognized and embraced throughout the United States, Europe, and India. She conducted and founded training courses on these continents, established a research institute in Spain, and developed Montessori Training Centers in the Netherlands and London.

Maria Montessori was a three-time nominee for the Nobel Peace Prize- in 1949, 1950, and 1951. Yet, the movement in the U.S. burned out as quickly as it had spread. Language barriers, World War I travel limitations, anti-immigrant sentiment, and the disdain of a few influential educators—all contributed to the decline. By the 1920s Montessori had all but disappeared, except for the occasional school or practitioner.

Maria Montessori is often referred to as being **"AHEAD OF HER TIME"** 

Elsewhere in the world, however, Montessori education continued to prosper and grow. Dr. Montessori traveled widely, giving courses and lectures and encouraging the launch of new schools. In 1929, together with her son, Mario, she established the Association Montessori Internationale (AMI) to oversee the many national organizations and their schools and to supervise the education of Montessori teachers worldwide.

Dr. Montessori's early research focused on educating young children, but in the 1920s she turned her attention to adolescence. At this stage of development, she observed, students need activities that help them to understand themselves and to find their place in the world.

In time, Dr. Montessori also wove peace education into her curriculum, a result of having lived through 2 horrific world wars.

"To teach details is to bring confusion; to establish the relationship between things is to bring knowledge." [Maria Montessori, From Childhood to Adolescence, translator unknown] **W** 

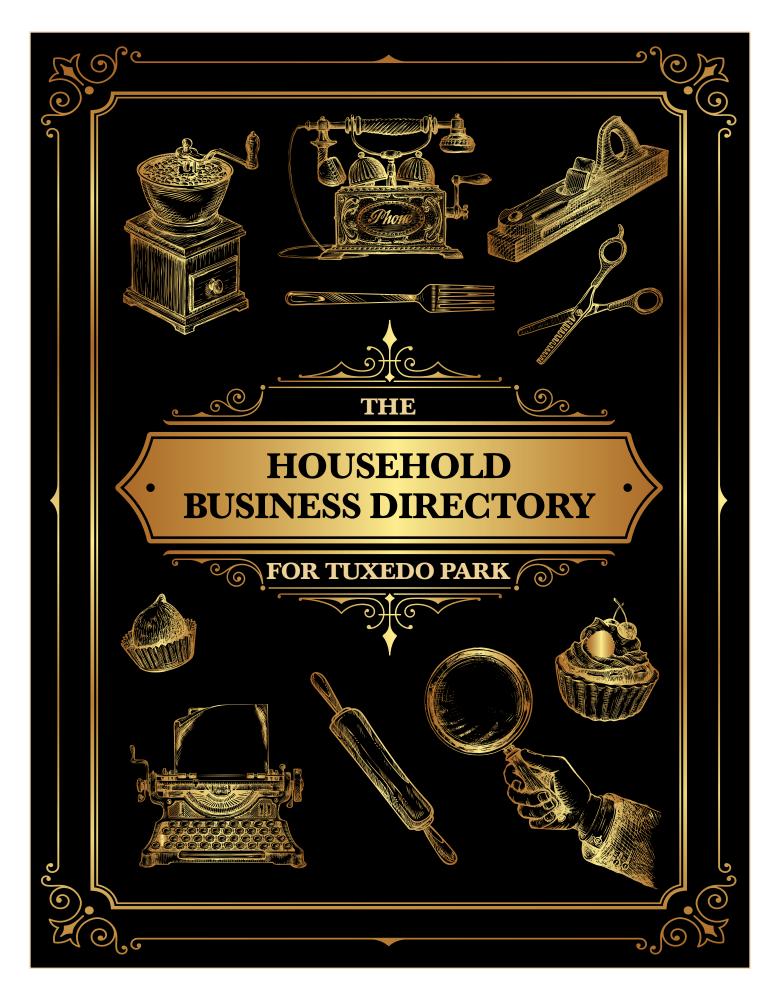
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Above left: Maria never stopped teaching. Above right: Maria with her son Mario in London, late 1920s.











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